

Third dimension			Third / fourth dimensions Cusp transition effects begin upon ascension to Heart chakra		Fourth dimension		Fourth / fifth dimensions Cusp transition effects begin upon ascension to Crown chakra		Fifth and higher dimensions
Root	Sacral	Solar plexus	Heart	Cusp 1	Throat	Brow	Crown	Cusp 2	Zenith
No such thing as God. There is no intelligence higher than that of humans	If God exists, he does not talk to us	God created heaven and hell and everything therein. Good people go to heaven and bad people go to hell	There is more to the universe than we currently know	Awakening curiosity about spiritual matters but relying on others to confirm truth	A higher intelligence must have created the universe and everything in it	A higher intelligence created the universe and everything in it	A higher intelligence is the Source of all that was, is, and ever shall be	Rising awareness of our personal connection with the Universal Intelligence	We are all one with the Universal Intelligence
We humans can do anything we want. We are in charge	We humans can do anything we want. We are in charge	We have free will. It is ours to do with as we please	We have been given the gift of free will. It is ours to do with as we please	Changes in digestive, reproductive, heart, lung and circulation systems are being felt	Our free will is permanent and unchangeable. We are free to do as we please	Having free will may not be a permanent situation. Is it possible to “give it back”?	Free will has limits. We are not in charge of everything	Free will gets in the way of finding the Truth of how we can best serve God	Surrendering free will enables us to serve God in the best way possible
No such thing as a soul. Humans are children of their parents	No such thing as a soul - humans are children of their parents	Souls are created when human babies are born. Our parents create us	Souls are created when human babies are born. Our parents create us	Maybe, just maybe, we have a soul that exists even if we are not in human form	We each have a soul that pre-exists humanity and we are all imbued with Spirit	We each have a soul that pre-exists humanity and we are all imbued with Spirit	All souls were created by the Universal Intelligence when this universe came into existence	All souls are an expression of the Universal Intelligence	All souls are in varying stages of development and Planet Earth is a vast place of learning
No such thing as spirituality	No spiritual meaning in anything, except maybe angels and demons	Maybe there is something to spirituality. Traumatic or joyous events open the mind	Near-death experiences or traumatic or joyous events make us curious about spirituality	Feeling that there is much more to the universe than our five senses can tell us	Open to exploring spiritual matters	Things that used to entertain us may now seem boring or childish or barbaric	Wanting to spend more time studying spiritual matters	Decreasing interest in matters over which we have no control	Seeking profound enlightenment. Love seeks understanding
Spiritual awareness is a myth. Everyday consciousness is all that there is	No such thing as spiritual development or dimensional awareness	Maybe there is more to life than we think	Becoming able to connect with others on a deeper level than we ever thought possible	Belief that those who are more advanced are responsible for making others move forward	Showing others we are spiritually advanced by wearing certain clothes, eating certain foods or praying in public	Having spiritual experiences like déjà vu, feeling as if we are not alone, recalling dreams	We cannot judge others’ level of spiritual development	General mood tends to be level. Feeling pleasure in life, without wild mood swings	Personality traits diminish and vibrational frequency rises as thoughts are reduced and refined
Who cares what anyone else thinks	Comforting to convince others that evil entities exist	Enjoy discussing spiritual matters with like-minded people only. Unable to accept disagreement	Enjoy discussing spiritual matters and eager to learn more	Becoming more curious about spiritual matters and how they might affect humanity	Learning the importance of finding Universal Truth	Learning to discern Universal Truth	Only Universal Truth enables us to move forward spiritually	Relying less on others and more on our guide to provide Universal Truth	Universal Truth is the way, the truth and the life

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Evil entities exist, they are powerful and they are out to get us	We are powerless against evil	Performing certain rituals can protect us from evil and from the ill wishes of others	Evil entities hurt us and make us hurt others	Sensing that 'evil' is a misunderstood concept	Evil exists only in our negative thoughts	Evil exists only in our negative thoughts and it is up to us to resist	Evil exists only in our negative thoughts, and we can change them	The Universal Intelligence responds to our desire to improve our thoughts	Reducing and refining our thoughts enables us to resist negative intentions
Demons and curses cause negative life experiences like accidents, injuries and illness	If God exists, he would not allow accidents, injuries and illness to happen	We are not responsible for accidents, injuries and illness and we have no control over them	Accidents, injuries and illness are just a part of life	Is there something we can do to prevent accidents, injuries and illness?	Accidents, injuries and illness probably do not just happen, but there is no way to prevent them	There may be a spiritual component to accidents, injuries and illness	Our thoughts create accidents, injuries and illness. Changing our thoughts changes our physical reality	Physical ailments are signals to help us recognize and change our thoughts	Our thoughts emanate from us; our body responds to them, and they attract certain experiences
No such thing as angels	Angels are real but no longer help humanity	Angels are real, but they do not always protect us from evil	Angels are real and they can help us if we are good	Everyone has a personal angel	Wondering if we can communicate with our personal angel	Developing a working relationship with our guide	Our guide ensures that we meet our required life lessons	Our guide responds to our thoughts and desires	Our guide works with us to achieve our soul's purpose
There is only one life to live. No such thing as reincarnation or karma	Reincarnation and karma trick us into thinking we can be irresponsible	Reincarnation and karma may be possible	Reincarnation is a possibility, but we choose whether, when and into which family to enter	Open to learning more, yet disappointed with self for not already knowing	Gaining a sense of at least one past life	Reincarnation and karma help us to better understand human behaviour and experience	Entering physical form places us in the cycle of reincarnation and karma	Holding onto regrets keeps us stuck in a loop of reincarnation and karma	Aiming to be karma-neutral
Intense fear of change, or of anything that makes us question our beliefs	Becoming able to accept that others' beliefs are not a threat to ours	Learning that diversity enriches us all	It physically feels better to be kind than cruel	Noticing that physical signals seem to happen for no apparent reason	Negative thoughts can enable unpleasant signals	Starting to recognize just how negative our thoughts can be	Positive thoughts can enable pleasant signals	More emphasis on refining our thoughts. Physical signals are also being refined	Trusting that the Universe will let us know if something is required of us
Tendency to prefer co-dependent or authoritarian relationships	Easily controlled by anyone whose approval we crave	Growing self-confidence yet still seeking approval from authority figures	Becoming more able to work either alone or with others	Co-dependent relationships are disintegrating. Our loved ones may try to pull us back into their reality	Seeking mutually satisfying relationships. Will our loved ones recognize our improvements and join us?	Finding that we meet self in others, and using the information to improve ourselves	Seeing that we are all here to learn from, and teach, one another. We must do what is right for us	More emphasis on building a relationship with our guide. Knowing we must each walk our own path	The Universal Intelligence responds to our learning requirements

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Humans are members of separate tribes. The others want our stuff, so we must protect ourselves and our property. Never enough of anything	Our group is superior so we are entitled to control others. They probably want our stuff, so we must protect ourselves and our property	God favours our group over all others	Becoming open to the idea that the human race is indeed just one race, and all are entitled to life	We are all spiritual beings in human form, at differing levels of spiritual awareness	Freedom of thought enables us to explore spirituality at our own pace and in our own way	Starting to see the results of our efforts to heal our lives	Clarity of thought makes it easier to recognize our relationship with the Universal Intelligence	Seeing that we are each unique yet connected	Rising desire to serve humanity by serving God. All that is required will be provided
Tendency to squabble and live in chaos	Tendency to rely on violence to teach discipline and/or to solve issues	Learning that chaos and violence prevent progress	Learning to approach daily life with optimism rather than dread	Striving to develop new coping skills and strategies	Sharing our experiences of growth and improvement with others	Seeing that cooperation benefits everyone	Learning that whatever we give comes back to us	Striving toward further resolution of inner conflicts	Working toward clarity of thought and inner peace
Prefer one genre of music and one art form, if any. Others are disturbing, dangerous or just plain annoying	Prefer one or two genres of music. Some art forms are okay	Becoming able to appreciate many genres of music, although some are still disturbing. Other art forms are just entertainment	Enjoying most genres of music and some other art forms, and finding that some seem to have a deeper meaning	Able to enjoy many forms of expressions of the human condition	Wanting to express self in new, positive ways	Recognizing that we feel better when our thoughts are positive	We feel better when our thoughts are relatively clear. It is getting easier to clearly express our innermost thoughts	Reducing and refining our thoughts raises our vibrational frequency	Vibrational frequency stabilizes and enables us to endure trauma and chaos without concern
Tendency to feel persecuted if questioned about anything	Tendency to feel threatened by questions from others	Tendency to feel challenged by questions from others	We cannot grow without communication	Learning to ask meaningful questions and listen for answers	Developing stronger, more effective communication skills	Interested in hearing what others have to say. Sharing helps!	Comfortable with waiting to speak until invited to do so	Striving to gain deeper understanding	At peace while waiting for answers
Averse to seeking guidance from anyone	Uncomfortable with others finding out that we do not already know something	Comfortable asking others for guidance	Guided by our higher self and maybe our deceased loved ones who watch over us and wait for us in heaven	Learning that guidance is always available from the Universe	Becoming willing and able to seek information from the Universe	Recognizing that our "higher self" is a misnomer and guidance actually comes from the Universe	Finding that free will gets in the way of receiving clear guidance	Seeing the wisdom of following guidance	The Universe, via our guide, provides the information we need